

# APA Citation Style, 7<sup>th</sup> Edition (Self-Learning Guide)



- This guide provides a quick overview of APA (American Psychological Association) Citation Style
- For more complete examples and guidelines, visit: <https://apastyle.apa.org/instructional-aids/reference-examples.pdf>
- For help: [Ask a Librarian](#) in person at the AUE Library | [T: + 971 4 4499 060 Ext: 9061](tel:+97144499060) | [library@ae.ae](mailto:library@ae.ae) | or [Instagram](#)

## WHAT IS A REFERENCE CITATION?

A reference citation is the documentation needed to make your paper acceptable for academic purposes. It gives authoritative sources for your statements, helps the reader gain access to those sources, and acknowledges the fact that the information used in a paper did not originate with the writer.

## WHAT IS APA'S STYLE OF REFERENCE CITATION?

APA style uses the author/date method of citation in which the author's last name and the year of the publication are inserted in the actual text of the paper. It is the style recommended by the American Psychological Association and used in many of the social sciences. The American Psychological Association addresses new electronic formats in a separate guide. Several of the examples in this guide come from one of these sources. The American Psychological Association offers some guidance and examples at <http://www.apastyle.org/>. This guide only summarizes a few main points regarding APA style. For full information, please consult the two APA guides below.

- [Common Reference Examples Guide \(PDF\)](#)
- [Reference Quick Guide \(PDF\)](#)

## WHEN USING APA STYLE, DO I NEED TO USE FOOTNOTES AT THE BOTTOM OF THE PAGE?

No, by inserting reference citations in the text, you eliminate the need to use footnotes at the bottom of the page or at the end of your paper. The citations in your end-of-paper references list should give readers enough information to locate each source.

**NOTE:** It is suggested that you consult with your faculty or advisor for the style preferred by your department. Be consistent and do not mix styles!

## In-Text Citations

- When you paraphrase or quote directly from a source, you must cite the source within the body of your essay or your presentation.
- In-text citations are shortened versions of the full citation that you must include on the References page at the end of your essay (see following pages)

*PARAPHRASE FORMAT:* (Author's last name, year of publication).

Paraphrase Variations	Examples
<b>1 author</b> (Last Name, year).	<ul style="list-style-type: none"> <li>• A recent study of Korean elders found social inclusion highly beneficial for mental health (Rodriguez, 2021).</li> <li>• Rodriguez (2021) found social inclusion highly beneficial to Korean elders' mental health.</li> </ul>
<b>2 authors</b> (Last Name & Last Name, year).	<ul style="list-style-type: none"> <li>• A study on childhood diabetes concluded that obesity is a major risk factor (Hepburn &amp; Hafiz, 2010).</li> <li>• Hepburn and Hafiz (2010) concluded that obesity is a major risk factor in childhood diabetes.</li> </ul>
<b>3 or more authors</b> (Last Name et al., year).	<ul style="list-style-type: none"> <li>• A survey of marital infidelity (Strong et al., 2019) showed that rates among men and women were comparable.</li> <li>• Strong et al. (2019) showed that the rates of marital infidelity among men and women were comparable.</li> </ul>
<b>No author</b> ("Shortened Title," year).	<ul style="list-style-type: none"> <li>• ...incidence of drought increased ten percent ("Weather Patterns," 2009).</li> </ul> <p>[for no authors, give shortened title. Full title was: Weather patterns wreak havoc for Oklahoma farmers]</p>
<b>No date</b> (Last Name, n.d.).	<ul style="list-style-type: none"> <li>• Odissi dance has undergone a major revival since the 1950s (Gupta, n.d.).</li> <li>• Gupta (n.d.) explains how Odissi dance has undergone a major revival since the 1950s.</li> </ul>

*DIRECT QUOTE FORMAT:* (Author's last name, year of publication, p. #).

Direct Quote Variations	Examples
<b>With page number</b> (Last Name, year, p. #).	<ul style="list-style-type: none"> <li>• "Social inclusion helps Korean elders avoid clinical depression" (Rodriguez, 2021, p. 13).</li> <li>• According to Rodriguez (2021), "social inclusion helps Korean elders avoid clinical depression" (p. 13).</li> </ul>
<b>No page number</b> (Last Name, year, name of section heading or para. #).	<ul style="list-style-type: none"> <li>• Visualization techniques have proven effective for breast cancer patients" (Zhao, 2017, Mind over Matter section, para. 6).</li> </ul>
<b>Secondary source: when <i>your</i> source quotes from another, secondary source.</b> (Secondary Source, year, as cited in Your Source, year, p. #).	<ul style="list-style-type: none"> <li>• There is a "crucible of health inequity, systemic racism, and sexism in which Black pregnant people choose to mother" (Egede &amp; Walker, 2020, as cited in Kemet et al., 2021, p. 779).</li> </ul> <p>[Kemet is <i>your</i> source. Kemet cited Egede &amp; Walker. You are citing Egede &amp; Walker as a secondary source that you accessed through Kemet. You only include the full citation for Kemet in your References page, not Egede &amp; Walker]</p>

## References

- On the References page (last page of your essay or presentation)
  - List sources in alphabetical order by author's last name
  - Titles of sources are written in sentence case (proper nouns, first word of title and subtitle are capitalized; other words are lower-case)
  - Each reference is double-spaced and has a hanging indent for each line after the first line

*BOOKS (basic format):* Author's Last Name, First Initial. Second Initial. (Year). *Title of book in sentence case: Subtitle if needed.* Publisher.

Book Variations	Examples
<b>Book: 1 author</b>	Rodriguez, R. (2021). <i>Elder care: Perspectives from cultural communities in America.</i> Haymarket Books.
<b>Book: 2-20 authors</b>	Strong, B., DeVault, C., & Sayad, B. W. (2011). <i>Human sexuality: Diversity in contemporary society.</i> Mayfield. <ul style="list-style-type: none"> <li>• [for more than 20 authors: list the first 19 then insert an ellipsis and add the final author's name]</li> </ul>
<b>Book Chapter OR section in a reference book</b>	West, J. A. (1992). A brief history of the botany of cacao. In N. Foster & L.S, Cordell (Eds.), <i>Chilies to chocolate: Food the Americas gave the world</i> (pp. 105-121). University of Arizona Press.
<b>Book Excerpt in an Anthology</b>	Bezdek, R. (2009). Renewable energy is economically beneficial. In J. Langwith (Ed.), <i>Opposing viewpoints: Renewable energy</i> (pp. 78-82). Greenhaven Press. (Excerpted from <i>Renewable energy and energy efficiency: Economic drivers for the 21st century</i> , 2007, Management Information Services).
<b>eBook (database name is not included in the citation)</b>	Evans, C. L. (2016). <i>Improving the health of honey bees and other pollinators: National strategy and research action plan.</i> Nova Science.

*WEBSITES (basic format):* Organization Name OR Author's Last name, First Initial. (Date page was created or updated). *Title of web page in sentence case.* Website name. URL

Website Variations	Examples
<b>Webpage – individual author(s)</b>	Samuels, A., Mehta, D., & Wiederkehr, A. (2021, May 5). <i>Why Black women are often missing from conversations about police violence.</i> FiveThirtyEight. <a href="https://fivethirtyeight.com/features/why-black-women-are-often-missing-from-conversations-about-police-violence">https://fivethirtyeight.com/features/why-black-women-are-often-missing-from-conversations-about-police-violence</a>
<b>Webpage – organization as author</b>	Centers for Disease Control and Prevention. (2019, December 16). <i>Vaccines during and after pregnancy.</i> <a href="https://www.cdc.gov/vaccines/pregnancy/vacc-during-after.html">https://www.cdc.gov/vaccines/pregnancy/vacc-during-after.html</a>
<b>Webpage – no date</b>	Disabled American Veterans. (n.d.) <i>Service animals.</i> <a href="https://www.dav.org/veterans/resources/service-animals/">https://www.dav.org/veterans/resources/service-animals/</a>

*IMAGES FROM WEBSITES (basic format):* Creator Last Name, First Initial OR Creator Alias. (Year of Publication OR use n.d. for no date). *Title of the artwork in sentence case* [Format]. Title of the Website. URL

Image Variations	Examples
<b>Image – creator, date</b>	Roberts. (2023). <i>Sound Clash</i> [image]. Artsy. <a href="https://www.artsy.net/artwork/euan-roberts-sound-clash">https://www.artsy.net/artwork/euan-roberts-sound-clash</a>
<b>Image – no creator, no date</b>	<i>Cognitive bias</i> [image]. (n.d.). Raconteur. <a href="https://www.raconteur.net/infographics/cognitive-bias/">https://www.raconteur.net/infographics/cognitive-bias/</a>

**ARTICLES (basic format):** Author's Last Name, Initials. (Date). Title of article in sentence case. *Title of Journal*, volume(issue), page numbers. <https://doi.org/xxxx>

- note that titles of articles are written in sentence case (proper nouns, first word of title and subtitle are capitalized; all other words are lower-case)
- \*What is a DOI? A “Digital Object Identifier” is a unique alphanumeric string used to identify a source and to provide a persistent link to its location on the internet. Find DOIs on the first page of electronic journals, in database records, or in DOI look-up tools: <https://www.crossref.org/guestquery>

Article Variations	Examples
Journal Article – library database or web, with DOI*	Cordell, B., & Buckle, J. (2013). The effects of aromatherapy on nicotine craving on a U.S. campus: A small comparison study. <i>Journal of Alternative &amp; Complementary Medicine</i> , 19(8), 709-713. <a href="https://doi.org/10.1089/acm.2012.0537">https://doi.org/10.1089/acm.2012.0537</a>
Journal Article – library database or print, no DOI*	Carmichael, M. (2006). The perils of plastic amnesia. <i>Ecologist</i> , 36(10), 30-32.
Journal Article – web, no DOI*	McKinstry, O. J. (2007). We'd better treat them right: A proposal for occupational cooperative bargaining associations of sex workers. <i>University of Pennsylvania Journal of Business Law</i> , 9(3), 679-707. <a href="https://scholarship.law.upenn.edu/jbl/vol9/iss3/6/">https://scholarship.law.upenn.edu/jbl/vol9/iss3/6/</a>
Magazine/Newspaper article – library database or print	Gose, B. (2011, September 25). Programs help students with learning disabilities achieve in college. <i>The Chronicle of Higher Education</i> .
Magazine/Newspaper article – web	Rosenberg, M. (2019, September 4). Tracing disinformation with custom tools, burner phones and encrypted apps. <i>The New York Times</i> . <a href="https://www.nytimes.com/2019/09/04/technology/personaltech/disinformation-politics-reporting.html">https://www.nytimes.com/2019/09/04/technology/personaltech/disinformation-politics-reporting.html</a>
Magazine/Newspaper article-no author	A love like no other. (2021, May/June). <i>Psychology Today</i> , 54(3), 44-51.

**FILMS (basic format):** Last Name, Initials (Director). (Date Published). *Title in sentence case* [Type of Media]. Production Company Name.

Film Variations	Examples
DVD or film from streaming service – known director	Gitlitz, R. (Director). (2017). <i>The story of Diana</i> [Film]. ABC Entertainment.
DVD or film from a streaming service – director not known	<i>Era of viruses</i> [Film]. (2006). Films for the Humanities and Sciences.

**VIDEO CLIPS (basic format):** Last Name, Initials of person or organization who posted the video if known. [User name that posted the video]. (Year video was posted, Month Day). *Title of video in sentence case* [Video]. Name of Website. URL

Video Clip Variations	Examples
Video online or from YouTube – poster's name known	Talwalkar, P. [MindYourDecisions]. (2014, December 12). <i>How to calculate cube roots in your head</i> [Video]. YouTube. <a href="https://www.youtube.com/watch?v=Ds8ijPsg26g">https://www.youtube.com/watch?v=Ds8ijPsg26g</a>
Video online or from YouTube – poster's name not known	Johndeerecountry88. (2015, April 15). <i>Powwow dance styles</i> [Video]. YouTube. <a href="https://www.youtube.com/watch?v=kzmTa9x14BA">https://www.youtube.com/watch?v=kzmTa9x14BA</a>